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GLENWOOD

• G A Z E T T E •

E

September • 2015 **Issue 7**
39th Year

She Eagled the 7th Hole!

**Madolyn McMahon got a great
image of a bald eagle on the 7th
hole at Fairway Village -
her score was not reported!**

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Madolyn McMahon

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**Condominium Association:
2015 Executive Officers and Board of Directors**



| | | | | | |
|------------------|----------------|----------|------------|-------------|----------|
| President: | Cheryl Adam, | 596-2860 | Directors: | Bob Green | 585-7786 |
| Vice President: | Kitty Wagner, | 596-8656 | | Grace Dowd, | 595-1244 |
| Secretary: | Jan Troke, | 593-8178 | | Jim Wildes, | 474-3066 |
| Treasurer: | Martha Barry, | 595-6799 | | | |
| Parliamentarian: | Charlie Werth, | 644-1887 | | | |

Office Managers

Cheri Adam 596-2860
 Martha Barry 595-6799
 Jan Troke 593-8178

**All Units, Common Grounds, Mowing/
Spraying, (Lawns under unit)**

Cheri Adam, Chr. 596-2860
 Kitty Wagner 596-8656
 Jim Wildes 474-3066

Streets, Lights, Drainage (sanitary storm)

Jan Troke Chr. 585-7786
 Bob Green 593-8178
 Grace Dowd 595-1244

Beautification Committee

Kitty Wagner, Chr. 596-8656
 Martha Barry 595-6799
 Cheri Adam 596-2860

Irrigation, Lakes & Banks

Jan Troke, Chr. 593-8178
 Jim Wildes 474-3066
 Cheri Adam 596-2860

Security, Fences & Neighborhood Watch

Kitty Wagner, Chr. 596-8656
 Bob Green 585-7786
 Grace Dowd 595-1244

**Pool/Shuffleboard/Common Areas/
Bldgs.**

Jim Wildes, Chr. 474-3066
 Bob Green 585-7786
 Kitty Wagner 596-8656
 Cheri Adam 596-2860

Supervisor of Labor

Cheryl Adam, Chr. 596-2860
 Jim Wildes 474-3066

SEPTEMBER BIRTHDAYS

SEPTEMBER ANNIVERSARIES

| | | |
|------|--------------------|------|
| 9/1 | Bill Spafford | #137 |
| 9/1 | Blanca Romero | #209 |
| 9/3 | Cheri Adam | #44 |
| 9/3 | Leonard Angelaccio | #117 |
| 9/5 | Ralph Kohnke | #239 |
| 9/6 | Illa Schrougham | #198 |
| 9/7 | Larry Kelly | #217 |
| 9/10 | Char Elliott | #128 |
| 9/12 | Jean Koss | #52 |
| 9/14 | Mary Cronin | #112 |
| 9/16 | Sue Skinner | #76 |
| 9/17 | Tom Dost | #136 |
| 9/22 | Gordon Travers | #224 |
| 9/22 | Dwight Ulm | #194 |
| 9/24 | Gary Schrougham | #198 |
| 9/25 | Bonnie Croucher | #124 |
| 9/27 | Grace Dowd | #232 |



| | | |
|------|------------------------|------|
| 9/15 | Grace & Gerry Dowd | #232 |
| 9/17 | Joyce & Jerry Herbort | #21 |
| 9/25 | Janice & Ronald Deveau | #144 |
| 9/30 | Barbara & Walter Parks | #12 |



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24 ★ **ASC 547-8300** 21

ASC

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FROM THE DESK OF THE PRESIDENT

Cheri Adam

The flood of July 2015 is finally over and we can continue our work in Glenwood. Seawall replacement began on August 8th which was a miracle in itself considering how long it rained. We expected Dann Sapp to be at least three weeks behind but the rains only delayed our project by four days.

At the Board meeting on July 20th the Directors voted unanimously to accept the bid from William May Electric to install solar panels to power the Clubhouse, pool, and shuffleboard court area. Our decision was based on information gathered by an ad-hoc committee consisting of Leasley Ingham, Joadee Edwards, and Mardee Ingham since dubbed the "Solar Sisters". They worked very hard investigating this alternative power option. They took this task very seriously and we commend their efforts. We are confident this decision will alleviate not only electric costs but propane bills as well. This action will open the door for future Boards to expand on this system into other common areas of Glenwood.

TOURS & TRAVEL

Carol Smerker & Joyce Herbort

Let's go to a show...a musical at Largo Cultural Center that is.

I have tickets for 'West Side Story' on Sunday, Nov. 15th. I only reserved 10 seats, center section, row K. I made a mistake in last month's Gazette, the cost is \$27.50 each. If I don't sell 10, the cost is \$30, however the first 10 who get their money to me will get those reserved seats. I can get more seats, but they may not be as good or may not be together.

We have many new travel opportunities for you to take advantage of. We are planning a trip to Bok Tower on Saturday, Oct. 17th in Lake Wales. This is an Oktoberfest and plant sale. There will be German food and craft beer available and many other interesting things. The bus ride is \$39 p.p.

Mt. Dora will have a Craft Fair on Monday, Oct 26th. This is also \$39 and you will enjoy food and wonderful crafts.

Travel is Fun Tours has many day trips, and 2 day or longer trips all of which are well planned and escorted. Check the Travel board for more or the boxes on the tables. We have cruises from Advantage Tours also.

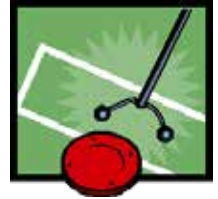


**A Complete Listing of Resident Services
can be found on the page before your calendar**

SHUFFLEBOARD

Joyce Herbort

Some of our shufflers requested that we play at 10:00 A.M. on Mondays so we've been trying it and I must say it's nicer in the mornings than it is in the evenings so we're going to continue at that time until we decide to change it. Even if you've never played we'd love to see you join us. The mornings are nice with a good breeze usually. Bring a quarter so we have prizes, try to get here by 9:45, and come play!



NEW RESIDENTS

Stewart Marsh, Bobbie's Dad, Moved into Lot 183. He will be a full time resident

GLENWOOD TALENT NIGHT

Shirl McAra

We have a lot of talent in this Park and would like to hold a variety show sometime in November. More information on that will be forthcoming. If you have ANY KIND OF TALENT WE WANT YOU! Maybe you're a joke teller, (please, keep them rated P.G.) a singer, or play a musical instrument. Maybe you would like to stage a short play or skit - whatever you would like to do that you think might be entertaining. We are putting this in the media early so people will have time to come up with ideas. We'll have beverages and sweets. The cost will be \$3.00 per person and we are sure it will be a fun evening. So if you are at all interested please call me -Shirl McAra at 531-0210 or come by Lot 100, and let me know what you would like to do. Hope to talk to all of you talented people by phone or see your smiling faces at my door. Thanks to all who would like to participate.

MAD HATTERS LUNCHEON

Mary Cronin

The Mad Hatters Luncheon will be on Tuesday, September 1st at 12:00 P.M. Our Hostess this month is Mary Cronin. The venue was unknown when this copy was due so check the bulletin board for further information.



A special thank you goes to Carol Smerker our Hostess for August. We had a great time at E&E Steakout Grill.

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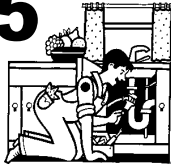
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Multiply Your Monthly Mania!

As you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just *SUGGESTING* a business to advertise.

Here is how it works:

1. Call our office and suggest a business to advertise in the newsletter
2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
3. The more businesses you suggest, the more chances you have to win.
(To qualify each resident can only suggest a business once)

What businesses would you like to see advertising?

We have spots available in the following categories:

- | | | |
|-------------------------------------|--------------------------------------|-------------------------------|
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| • Assisted Living Facility | • Golf Cart Sales & Service | • Optometrist |
| • Attorney/Lawyer | • Hair Salon/Day Spa | • Painting - Inside & Outside |
| • Automotive Painting/ Detailing | • Hearing Aid/Retail | • Pet Services |
| • Automotive Repair/Sales | • Home Care | • Pharmacy |
| • Awnings | • Home Furniture & Mattress | • Remodeling/Interior |
| • Banks | • House Cleaning | • Resale Store |
| • Bathroom Remodel | • Insurance Home/Auto/Health | • Restaurants |
| • Bicycle Repair & Sales | • Investment/Brokerage | • Screen Repair |
| • Bingo | • Jewelry Sales/Design/Repair | • Storage |
| • Chiropractor | • Manufactured Home Sales | • Taxi/Shuttle |
| • Computer Services | • Massage Therapy | • Travel Agent |
| • Dentist | • Medical Doctor | • Veterinarian |
| • Driveway Coating | • Mobile Home Supplies - Retail | • Window Film/Tinting |
| • Fitness Center/Gym | • Motorcycle/Moped Sales & Repair | • Window Washing |
| • Floor Coverings/Retail | | • Window Treatment/Interior |



**Thanks For
The Referrals
Last Month!**

**Two
\$5 Winners
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Monthly Media - (727) 484-7488

SINGLES LUNCHEON

Doris Roche

The Singles Luncheon will be on Friday, September 11th at 12:30 P.M. Our Hostess this month is Jan Tatrault and we will be going to Proimo Breakfast Club located at 210 West Bay Drive Suite E-5 in Largo. If you need a ride or information call Doris 595-2849.

A special thanks goes to Mary Estridge our Hostess for August. We had a great time at E&E Steakout Grill.

FROM THE OFFICE

Last month several pictures of the new entranceway and pool deck ran in an article from The Board of Directors. The awesome snap of the entranceway was taken by Carol Smerker. She was kind enough to let me use it and I neglected to thank her for doing so. Thanks Carol!

ABC PEST CONTROL



ABC will be in the Park on September 18th to service the Clubhouse and the week of the 20th to spray lawns, weeds, and under units.



FROM THE SOCIAL COMMITTEE

Janet Green, President

Our Labor Day Picnic will be Monday, September 7th at 2:00 P.M. We will supply hot dogs, sandwiches, refreshments, and tableware. Just bring your favorite dish to share. We will hold a 50/50 raffle with prizes. Tickets are \$5.00 for residents \$6.00 for guests and can be purchased from Judy Lee at Wednesday night cards or Saturday morning coffee.

We are hosting a spaghetti dinner on Friday, September 25th at 6:00 P.M. There will be salad, garlic bread and desert. The cost is \$6.00 for residents and \$7.00 for guests. Once again tickets can be purchased from Judy Lee at Wednesday night cards or Saturday morning coffee.

Please, watch the bulletin board for any updates and we hope to see you at both of these events.

FROM THE BOARD OF DIRECTORS

We have been advised by the Lake Doctor to make October "catch and keep" month to prevent possible over population of our lake. October is the just before spawning season begins so it is the optimal month to initiate this policy. Limitations on length will be published in October's Gazette.

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Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



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WHO AM I?

Congratulations AGAIN to Barbara Strachan who, after a brief hiatus in July, correctly identified the glamour gal in July's Gazette as Jeanne Humphrey.

Here is this month's picture and your clues. Have fun and good luck.

I am a workaholic. I might rub you the wrong way. I'm not as hairy as I used to be. WHO AM I?



**View this Newsletter in full color at www.monthly-media.com
right click with mouse to download to your computer**

City life? Not for all young adults

The TV sitcom *Friends* depicted a group of young New Yorkers enjoying life in the big city—but in the end, at least two of them chose to move to a house in the suburbs. Young adults in real life appear to be making the same choice (without the laugh track). A survey of more than 1,500 people born since 1977, released by the National Association of Home Builders, found that few of them want to remain in the city for their entire lives.

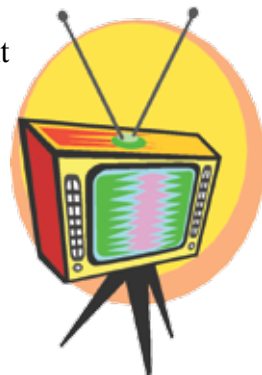
Sixty-six percent indicated they'd like to live in the suburbs, and 24 percent have their hearts set on a rural residence. Only 10 percent want to live in the center of an urban area. They're mostly looking for space: Eighty-one percent said they want three or more bedrooms wherever they end up living.



Online videos bigger than TV these days

Video has taken over the Internet, especially among the younger generation. A survey of 13- to 24-year-olds by Defy Media found this evidence of the influence of YouTube and other video providers on youthful fans:

- Millennials watch an average of 11.3 hours of free online video a week, and 10.8 hours of subscription video—but only 8.3 hours of scheduled broadcast TV.
- Videos are more popular than online TV content. Seventy-six percent of young people in the survey said they find YouTube more entertaining than TV programs (more popular with 55 percent of participants).
- They're tolerant of advertising on the Internet. Fewer than half—41 percent—said online videos have too many advertisements, but 63 percent feel TV does.



Mathematics is the art of giving the same name to different things.

—Henri Poincaré

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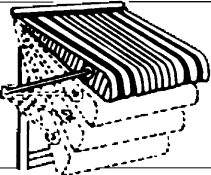


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Get the full impact from these healthful foods

Certain foods have definite health benefits, but you have to eat them the right way to get their full impact. Here are some common foods you might be eating “wrong,” according to the CNN website:

- Flaxseed. Full of fiber and omega-3, these little seeds may improve your heart health—as long as you grind them up first. Sprinkling them whole over your cereal or yogurt will keep their nutrients locked inside.
- Broccoli. Eat this raw or steamed, not cooked, to receive the full dose of vitamin C, chlorophyll, and antioxidants this vegetable offers.
- Strawberries. Slicing this delicious fruit exposes its healthful nutrients to light and oxygen, which can dilute their effects. Eat them whole, or hold off cutting them until the last minute.
- Garlic. The enzyme allicin, found in garlic, may help ward off cancer, but its benefits are more pronounced when it’s exposed to air. Let garlic sit for about 10 minutes after chopping to release this enzyme fully.
- Tomatoes. Fresh tomatoes are tasty, but you’re better off cooking them. The antioxidants in them increase in potency when they’re heated to about 190 degrees Fahrenheit.



Stone tools point to early use by primitive humans

Humans have been using tools for longer than we’ve known. As reported by the journal *Nature*, a team of archeologists in Kenya have found stone tools dating back 3.3 million years, some 700,000 years older than the oldest tools previously discovered.

Before this find, the oldest known stone tools came from sites in Ethiopia and were believed to have been used some 2.6 million years ago. Still, evidence of earlier tool use suggested that humans may have been using stone for longer than that—fossils of animal bones, also in Ethiopia, show signs of cutting some 3.4 million years ago.

The Kenyan tools were dated with an analysis of the sedimentary layer where they were uncovered. Scientists speculate they may have been used to open nuts or fruits with hard surfaces. Weighing in at about 6.6 pounds, the tools are 10 times heavier than any stone tools discovered so far.



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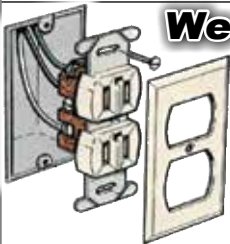
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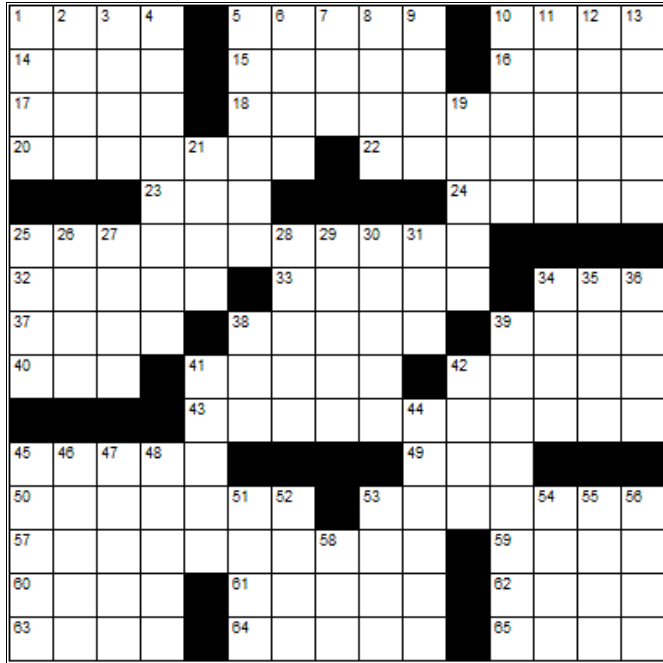
| Sunday | Monday | Tuesday |
|--------|--|---|
| | | AM Walk 8AM A 9AM A Mad H 6PM G |
| 6 | AM Walk 8AM Aquadux 9AM Aquadux 10AM Shuffleboard Labor Day Picnic 2PM 6PM Poker <i>Labor Day</i> | 7 AM Walk 8AM A 9AM A 6PM G |
| 13 | AM Walk 8AM Aquadux 9AM Aquadux 10AM Shuffleboard 6PM Poker | 14 AM Walk 8AM A 9AM A 6PM G |
| 20 | AM Walk 8AM Aquadux 9AM Aquadux 10AM Shuffleboard 6PM Poker | 21 AM Walk 8AM A 9AM A 6PM G |
| 27 | AM Walk 8AM Aquadux 9AM Aquadux 10AM Shuffleboard 6PM Poker | 28 AM Walk 8AM A 9AM A 6PM G |

Glenwood

| Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|
| 1 AM Walk 8AM Aquadux 9AM Aquadux Matters 12PM Gametime | 2 AM Walk 8AM Aquadux 9AM Aquadux 5:30P Hand & Foot 6PM Cards | 3 AM Walk 8AM Aquadux 9AM Aquadux | 4 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime | 5 8:30AM Coffee |
| 8 AM Walk 8AM Aquadux 9AM Aquadux Gametime | 9 AM Walk 8AM Aquadux 9AM Aquadux 5:30P Hand & Foot 6PM Cards | 10 AM Walk 8AM Aquadux 9AM Aquadux | 11 AM Walk 8AM Aquadux 9AM Aquadux Singles Luncheon 12:30PM 1PM Gametime Patriot Day | 12 8:30AM Coffee |
| 15 AM Walk 8AM Aquadux 9AM Aquadux Gametime | 16 AM Walk 8AM Aquadux 9AM Aquadux 5:30P Hand & Foot 6PM Cards | 17 AM Walk 8AM Aquadux 9AM Aquadux | 18 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime | 19 8:30AM Coffee |
| 22 AM Walk 8AM Aquadux 9AM Aquadux Gametime | 23 AM Walk 8AM Aquadux 9AM Aquadux 5:30P Hand & Foot 6PM Cards First Day of Autumn | 24 AM Walk 8AM Aquadux 9AM Aquadux | 25 AM Walk 8AM Aquadux 9AM Aquadux 1PM Gametime Spaghetti Dinner 6PM | 26 8:30AM Coffee |
| 29 AM Walk 8AM Aquadux 9AM Aquadux Gametime | 30 AM Walk 8AM Aquadux 9AM Aquadux 5:30P Hand & Foot 6PM Cards | | | OCTOBER 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |

ACROSS

1. Terror
5. Aromatic solvent
10. Website addresses
14. Tardy
15. Cognizant
16. Midday
17. God of love
18. Likeness
20. A painkiller
22. Hypodermic
23. Fitting
24. Not younger
25. Jubilation
32. Severe pain
33. Virile
34. Kitten's cry
37. Violent disturbance
38. Repaired
39. Angel's headwear
40. Eastern Standard Time
41. Not inner
42. Stogie
43. Transparent
45. Napped
49. Dekaliter
50. Misinform
53. Pettifogger
57. Impossible to satisfy
59. Hawkeye State
60. Adolescent
61. Gloomy, in poetry
62. A song for 2
63. At one time (archaic)
64. Marsh plant
65. Makes a mistake



DOWN

- | | | |
|---------------------------|------------------------------|---------------------------|
| 1. Parasitic insect | 21. Red gemstone | 41. Group of 8 |
| 2. Hearing organs | 25. Concern | 42. Kaolin |
| 3. At the peak of | 26. Auspices | 44. Cling |
| 4. Occupant | 27. Plunder | 45. Strike |
| 5. Less difficult | 28. Friendliness | 46. A protective covering |
| 6. Identical or fraternal | 29. What we pay to the govt. | 47. S S S S |
| 7. An unskilled actor | 30. Unreactive | 48. Flora |
| 8. Twin sister of Ares | 31. Not young | 51. Helps |
| 9. Depend | 34. Wise men | 52. Have the nerve |
| 10. Up to | 35. Distinctive flair | 53. Smelting waste |
| 11. Not square | 36. Be dressed in | 54. See the sights |
| 12. Hostel | 38. Pelt | 55. Pitcher |
| 13. Contemptuous look | 39. Brae | 56. Rodents |
| 19. Sarcasm | | 58. What we sleep on |



September Crossword



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9

Keep relationships healthy over long distances

Ten years ago, some 2.9 percent of all marriages were long-distance relationships. Today that number has grown. Maintaining any kind of relationship takes work; when partners are separated, the effort grows. Keep your relationship steady and solid with these tips:

- Set ground rules. The secret to success in a long-distance relationship is managing expectations. Talk over how you'll handle the separation—who will be responsible for bills, child care, and other household issues. Do this ahead of time so nothing falls through the cracks. Set up a schedule for regular phone calls so you can plan conversations effectively.
- Communicate—but not too much. Regular contact is essential to the health of any marriage, so make a point of getting in touch as often as you need to. Just don't overdo it. If one partner feels crowded or badgered by insistent demands, he or she may back off, making the relationship even more complicated.
- Vary your channels. Don't rely on the telephone alone. Use e-mails and texts to send quick messages without interrupting the other person at work or at an awkward moment. Variety helps strengthen any relationship, so look for different ways to connect.
- Plan positive visits. You'll want to get together with your partner as often as you can. Don't put too much pressure on yourselves to make each visit spectacular, though. Give yourselves time to relax so no one feels personally responsible for the visit's success. You both need some downtime to get used to being with each other again.
- Be flexible. Travel plans can change at a moment's notice. An emergency may delay or interrupt a phone call. Although you're disappointed, do your best to respond positively and patiently when other demands disrupt your planned activities. Getting into a fight over every minor crisis won't keep your relationship strong.



Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

—John F. Kennedy

Keeping up with current events

How much do you know about current events? The Pew Research Center News IQ survey examined the knowledge of more than 3,000 U.S. residents in an interactive quiz that asked them to identify a series of photographs, charts, and maps. Here's how the participants measured up when asked to ...

- Identify a photo of Martin Luther King Jr.: 91 Percent
- Identify the country led by Kim Jong-il from a photo (North Korea): 82 percent
- Identify the location of Guantanamo on a map (Cuba): 78 percent
- Name the country the U.S. recently re-established relations with (Cuba): 76 percent
- Identify the proposed route of the Keystone Pipeline on a map: 73 percent
- Identify Malala from a photo (2014 Nobel Prize winner): 93 percent
- Identify Pope Francis's home country on a map (Argentina): 52 percent
- Give the correct number of female Supreme Court justices (three): 33 percent

Have you taken your fish oil today?

Natural dietary supplements are big business in the U.S. As part of the National Health Interview Survey, researchers looked at the use of natural supplements other than vitamins and minerals. Comparing figures from 2002, 2007, and 2012, the trends they found include:



- Fish oil. This was the top product used by adults in 2012, as well as among children (though in 2007, Echinacea was the most popular supplement among children).
- Melatonin. This sleep aid came in second for children in 2012, increasing significantly from 2007.
- Glucosamine/chondroitin. Use of this decreased between 2007 and 2012, along with a drop in the use of Echinacea and garlic.
- Ginseng. This showed another large decline from 2002 to 2007, along with the use of Gingko.
- Green tea and milk thistle. Use of these held steady (though low) between 2007 and 2012.

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September Sudoku

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 7 | 4 | | | | 8 | |
| | | | 3 | | 6 | | | |
| | 8 | | | 5 | | | | |
| 8 | | | | | | | | 6 |
| 4 | | | | | | | 2 | 9 |
| | 7 | 3 | 6 | 2 | | | | 1 |
| 7 | | | 9 | | | 5 | | |
| | | 1 | | | 3 | | 9 | |
| | 5 | 4 | | | | | | |

Back to School!



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 4 | 9 | 1 | 2 | 8 | 5 | |
| 2 | 4 | 5 | 3 | 8 | 6 | 9 | 1 | 7 |
| 3 | 4 | 1 | 8 | 9 | 7 | 5 | 2 | 6 |
| 5 | 6 | 3 | 7 | 2 | 1 | 4 | 7 | 3 |
| 8 | 9 | 2 | 1 | 4 | 7 | 3 | 5 | 6 |
| 4 | 1 | 6 | 8 | 3 | 5 | 7 | 2 | 9 |
| 5 | 7 | 3 | 6 | 2 | 9 | 8 | 4 | 1 |
| 7 | 3 | 8 | 9 | 1 | 4 | 5 | 6 | 2 |
| 6 | 2 | 1 | 5 | 7 | 3 | 4 | 9 | 8 |
| 9 | 5 | 4 | 2 | 6 | 8 | 1 | 7 | 3 |

Difficulty level: medium.

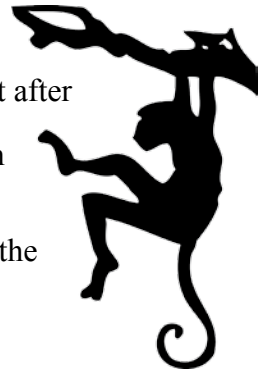
Monkey see, monkey do, monkey—cook?

Humans and chimpanzees share many genetic traits, and scientists have recently discovered one that may surprise fans of the Cooking Channel and the Food Network: a basic understanding of how to cook food.

Chimps have long exhibited a preference for cooked food over raw. A team from Harvard and Yale decided to see if they could be taught to “cook” food on their own. Observations have shown that chimps are willing to give up something like a slice of raw sweet potato if they expect to receive a cooked one in a short time. To test their hypothesis, the scientists devised a process to mimic cooking (since they didn’t want the apes to use actual heat): two plastic bowls that fit closely together, with a bit of pre-cooked food hidden in the lower bowl.

The scientists would put a piece of raw potato into the bowl, then switch it after a few minutes for the cooked one. After a while, the chimpanzees began doing the same thing—placing a piece of food into the bowl, waiting, then looking for the tastier result.

The researchers believe this shows a basic cognitive ability to understand the cooking process, as well as the patience to carry out—traits that may have driven crucial changes in human evolution.



Follow the right FORM for effective innovation

Innovation may seem spontaneous, but it generally succeeds because the groundwork has been methodically laid ahead of time. To spark creative thinking in your organization, follow consultant Charles Day’s acronym FORM:

F: Focus. Start by deciding what’s important to your team and organization. What were you created to achieve? Identify the key goals of your vision so you have something to work toward.

O: Organization. Decide on a structure for developing and implementing ideas. Who is responsible for specific tasks? What jobs should be shared? How will you make decisions?

R: Resources. Gather what you’ll need to implement your plans. This includes not just tools and materials, but people. Identify the types of talents you’ll need to bring an idea to reality.

M: Measurement. Look to the end as you begin. Determine how you’ll know whether you’ve succeeded or failed. Goals should be specific and clear to everyone, and they must be relevant to your organization’s vision.

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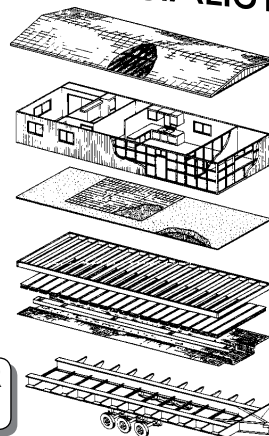
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Baby Safety Month. Drowning, falls, chemicals, and other hazards can endanger the life and health of any small child. During September, take a good look around your house and eliminate any threats to babies' safety that might be hiding in plain sight.



Library Card Sign-Up Month. A time to remind parents and children that a library card is the most important school supply of all. If you don't already have a library card, get one in September; if you do, visit your local library and use it.

National Bourbon Heritage Month. A celebration of bourbon as America's "Native Spirit." The U.S. Senate declared September National Bourbon Heritage Month in 2007, calling on those who enjoy bourbon to do so responsibly and in moderation.

National Campus Safety Awareness Month. College campuses are not immune to destructive behaviors and violence due to high-risk drinking, drug abuse, sexual assault, fire safety, and more. As your kids head to college this month, talk to them about safety and investigate the resources their school offers.

Week to Week

National Suicide Prevention Week, Sept. 8-14. An annual campaign to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. Awareness events are held throughout the week around World Suicide Prevention Day, Sept. 10.

National Truck Driver Appreciation Week, Sept. 13-19. Sponsored by the American Trucking Associations, a federation of state associations, affiliated conferences, and individual members committed to developing and advocating policies that promote highway safety, security, environmental sustainability, and profitability.

Pollution Prevention Week, Sept. 21-27. The best way to protect the earth and its people is to stop creating pollution in the first place. Less waste and pollution means fewer hazards to public health and the environment. Pollution Prevention Week highlights the efforts of the EPA, its state partners, industry, and the public in preventing pollution right from the start.



Banned Books Week, Sept. 27-Oct. 3. Sponsored by the American Library Association to promote the importance of ensuring the availability of books to all who wish to read them.

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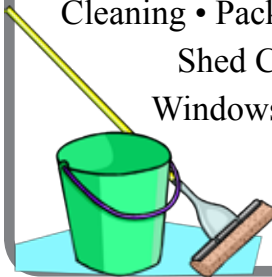
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• Mobile Home Supplies • RV Accessories • Aluminum Products

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EVENTS & PROGRAMS

CRAFT FAIR! Southwind MHP in Palm Harbor is seeking talented crafters for this community Craft Fair event Nov. 14th. 9-1 Tables are \$15.00 Call Jane 727-781-9238

HELP WANTED

Crafters Wanted : Paradise Island Annual Craft Fair Sat. Nov 7, 2015 Tables \$10 & \$15 Call Marcia 727-953-3616

ARTICLES FOR SALE

(2) Windows in original carton 24&1/4" X 48&3/4" American Craftman by Anderson. Original \$372.92. Asking \$185.00. 727-767-0170

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When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.

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Looking for a 2bed/2bath in Doral Village, furnished, fixer-upper, without a share. Contact Brian 727-542-8878

ATTENTION RESIDENTS!

Did you know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

OCTOBER AD DEADLINE - SEPTEMBER 10, 2015

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
 • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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Two-minute walks may improve your health

Exercise keeps you healthy. Fortunately for busy people, exercise doesn't have to mean working out at the gym or running a marathon. A study reported on the Science Daily website found that adding just two minutes of walking per hour to your routine can extend your life expectancy.

Scientists at the University of Utah School of Medicine discovered that taking a two-minute walk once an hour was associated with a 33 percent lower risk of dying. Even brief walks add up to a substantial benefit when taken often during the day. The scientists emphasize that these walks should be an addition to a moderate exercise habit, not a replacement for one. It's a step in the right direction.



Protect your hearing

Excessive noise in the workplace (or anywhere else, for that matter) can damage your hearing. The Medicine Net website warns that you risk hearing loss under these noisy conditions:

- You need to shout so that people an arm's distance away can hear you.
- Your ears begin to hurt from the volume.
- Your ears are ringing.
- You suffer temporary hearing loss after being subjected to constant loud noise.



All you need is love. But a little chocolate now
and then doesn't hurt.

—Charles Schulz



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6 ★ 804-1116 6

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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$124,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

| | | | |
|------------------------------|---|----------------------------|---|
| Merrill King.....\$100 | Boss Electric Corp. | Rosemary Merrill.....\$5 | Haseney Electrical Services |
| Steve Vague.....\$10 | Shawn & Shawn Moving | Marilyn Ventura.....\$5 | Kathy's Cleaning Service |
| Gary Nowlyn.....\$10 | Air Masters of Pinellas | Al Taufiq.....\$5 | Modern Pest Control |
| Mary Lon Robinson.....\$10 | Buggin Out Termite & Pest Control | Sharon Rop.....\$5 | Knobloch Hearing Care |
| Madeline Narkewicz.....\$10 | Ron Wyngarden MH Washing | Edward Hendricks.....\$5 | Dr. Peter M. Mason |
| Barry Kelly.....\$10 | Heller's Mobile Home Washing | Marilyn Stringham.....\$5 | Jones & Sons Plumbing, Inc |
| Bob Andreas.....\$10 | E & E Gliddon Air Conditioning | Richard Williamson.....\$5 | Dunedin Plumbing, Inc. |
| Thelma Payne.....\$10 | Largo Plumbing | Margie & Bud Barr.....\$5 | Chambers Specialties, Inc. |
| Steven Wood.....\$10 | Natures Resource Pest Control | Linda L. Wagler.....\$5 | Debbie's Salon |
| Gloria Biggs.....\$10 | Jones & Sons Plumbing, Inc | Joan Hermann.....\$5 | Knobloch Hearing Care |
| Hal Gray.....\$10 | Bob's Appliance Repair | Linda Littell.....\$5 | Heller's Mobile Home Washing |
| Donald Terrill.....\$10 | Ray Duncan Plumbing | Ben Roth.....\$5 | Haseney Electrical Services |
| Bud Mueller.....\$10 | Appliance Specialty | Irene Haskell.....\$5 | Bob's Mobile Home Washing |
| Ruth Ann Zandy.....\$10 | Barron's AC & Appliance | Barbara Whitman.....\$5 | Doll Brothers Carpet & Upholstery |
| Nancy Stierle.....\$5 | Ron Wyngarden Mobile Home Wash | Gloria Lamoureux.....\$5 | Modern Air Conditioning & Appliance |
| Maureen Koebel.....\$5 | Bob's Mobile Home Washing | Susan Haloian.....\$5 | Doll Brothers Carpet & Upholstery |
| Edward Lowell.....\$5 | Boss Electric Corp. | Joe Haberstroh.....\$5 | Bill the Carpet Guy |
| Kenny Eckhart.....\$5 | Battline Termite & Pest Control | Clyde Walker.....\$5 | Sunset Appliance Service |
| Linda Reed.....\$5 | Appliance Specialty | Barb Kansorka.....\$5 | Jones & Sons Plumbing, Inc |
| John Deveau.....\$5 | Medicine Shoppe of Dunedin | Diane Heath.....\$5 | Natures Resource Pest Control |
| Joseph A. Lopez.....\$5 | Bob's Appliance Repair | Jerry Hadley.....\$5 | Modern Air Conditioning & Appliance |
| Steve Lynch.....\$5 | AMS West Coast, Inc. | Pamela Hill.....\$5 | Heller's Mobile Home Washing |
| Scott Ditto.....\$5 | Air Masters of Pinellas | Kerren Sanders.....\$5 | Advertiser Referral |
| Gwendolyn R. Burgess.....\$5 | Bill the Carpet Guy | Dolores Colonita.....\$5 | Advertiser Referral |














• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

Glenwood Social Club Officers for 2015

President.....Janet Green,585-7786
 V.P.Karen Creamer, (765) 265-9406
 Secretary: Ginger Henderson, 593-1317

Treasurer:Don Bradley, 422-2206
 Parliamentarian:Hilda Sinnett,586-0117

2015 Social Club Committees

| Activities | Chairperson | Telephone | |
|--|-----------------------------|--------------|---|
| Bereavement Committee | Ginger Henderson..... | 593-1317 | |
| Bingo | Bob Elliott..... | 595-2587 |  |
| | Jeanne Burket | 365-3341 | |
| | Grace Dowd..... | 595-1244 | |
| | Mary Cronin | 596-7488 |  |
| Bulletin Board | Russell Miller, | 424-2939 | |
| Chaplain | Walter Parks..... | 596-7181 | |
| Flags | Jim Wildes | 474-3066 |  |
| Gazette Delivery..... | Verbil "Izzy" Isbell | 517-7803 | |
| Gazette Editor..... | Sharon Bradley | 422-2206 |  |
| Horseshoes | Bob Green, | 585-7786 |  |
| Librarian | Lucia "Chi-Chi" Ceron,..... | 596-6997 | |
| Music - Social Committee..... | Jerry Archambault..... | 593-3855 |  |
| | Maxine Lasecki..... | 474-6484 | |
| Photo Albums | Carol Smerker..... | 596-7475 |  |
| Posters | Judy Lee..... | 596-8274 | |
| Purchasing Supplies | Judy Lee..... | 596-8274 |  |
| Sat. Emcees/Comics | Walter Parks..... | 596-7181 | |
| Shuffleboard | Joyce Herbort..... | 517-1063 |  |
| Sharing and Caring..... | Mary Cronin | 596-7488 | |
| | Kitty Wagner..... | 596-8656 |  |
| Singles Group..... | Doris Roche | 595-2849 | |
| Tours & Travel..... | Joyce Herbort..... | 517-1063 |  |
| | Carol Smerker | 596-7475 | |
| Trash 'n Treasure..... | Marilyn & Jim Alcoba | 715-571-5501 | |
| Ways & Means (tickets/card party)..... | Judy Lee..... | 596-8274 |  |
| | Barbara Mucci | 210-7737 | |
| | Sue Archambault..... | 593-3855 | |
| Welcome Committee | Jeanne Humphrey..... | 517-4371 |  |
| | Janet Kane..... | 596-3356 | |



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